# **Virtual Mentor Coaching Cohorts**

10 hours mentor coaching in preparation for ICF Certification for trained coaches Covering all ICF mentor coaching requirements Quality in Coaching - Upgrade your Coaching Competencies www.mentor-coaching.com

> Be the best Coach you can be: 160+ successful certified Mentees since 2012 English – German – French

# **Objectives**

The focus of the cohort groups is applied learning through self-reflection and targeted feedback. Our Motto is 'learning by doing' - The content or theory are the ICF's core competencies. Our goal is taking you to the level where you can accurately assess whether the standard of your coaching is at the level required by the International coaching Federation and you are comfortable submitting recordings to the ICF for your own certification / recertification.

### **Benefits**

- Engage with coach colleagues throughout your certification and beyond.
- Build off the basis of your own coach Specific Training - connect the skills learnt and you own coaching style to the ICF's Core competencies.
- Identify and learn your coaching strengths as well as any gaps or upgrade areas in your coaching.
- Deepen your learning about the ICF's core competencies and put them into practice.
- Learn coaching best practices, top tips & tricks as well as common pitfalls in coaching
- Cohort groups run between minimum of 3 up to 6 months - depending on the pace of your learning.
- Group Learning is in 4 Modules 7 Hours Max 10 people per cohort
- Receive structured & direct regular feedback from peers and the mentors
- You will receive 3 Hours of individual Mentor Coaching.
- Choose whether you work in English, German French or any combination of these languages.
- Receive the skills, tools, and guidance necessary to be more comfortable sourcing the client recordings needed for certification.

# Your investment – 10 Hour Package

- Motivation and active participation (Timeframe: minimum of 3 months, to be finalized within 6 month)
- 900,00\* €; Special Rates: 800,00\*€ for ICF Germany Members; 750,00\* € for our returning Mentee Alumni \* all prices direct payer prices excl. VAT

# For companies

Interested in certifying coaches within your company – we can help and offer you a process and advantages of doing this virtually - please contact us for more details

### Who are we – your Mentors

Between us we have 5000+ hours of leadership and team coaching experience in our capacity as coaches, mentor coaches, coach trainers as well as ICF Assessors. We work with a range of different clients from diverse international and cross-cultural backgrounds.

### Looking forward to working with you!

www.mentor-coaching.com

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